



Give a Thanksgiving Meal Box

Thanksgiving is a time for family togetherness, but it can also be a time of financial stress for those who are food insecure. A holiday meal box is needed for residents served by Wellroot, for families at risk of homelessness and our teens transitioning from foster care. Come help the families and teens served by Wellroot by blessing them with a Thanksgiving meal box. Along with food, you are giving teens and families the opportunity to build cooking skills and relationships.



You can sponsor a Thanksgiving meal box by providing the following:

- 1 box Stovetop stuffing
- 1 small container of vegetable oil
- 4 packages macaroni & cheese
- 2 cans green beans
- 1 can cream of mushroom soup
- 1 package fried onions
- 3 cans sliced carrots
- 1 small bag of sugar
- 1 box of cereal such as rice krispies, cornflakes, chex mix, or cinnamon cereal
- 1 can cranberry sauce
- 1 package of rolls
- 1 salt
- 1 pepper
- 1 garlic powder
- 1 box egg noodles
- 2 cans Veg-all or mixed vegetables
- 1 container of salsa
- \$20 gift card to Kroger or Publix for turkey or perishable items

If you are not able to sponsor an entire box, please consider donating \$20 gift cards to Publix or Kroger to help families purchase the additional perishable ingredients needed for this meal.

To sign-up to provide Thanksgiving Meal Box(es), please contact a Community Cultivator at cultivate@wellroot.org. Meal box drop offs can be scheduled for Friday November 20th or Monday November 23rd.