



Wellroot Lunch & Learning 2023

Wellroot's Summer Lunch & Learning program supports the children, youth, and families we serve during the school summer break. We invite you to participate in this critical program!

Lunches: Many children and youth nationwide rely on school lunches for nutrition. Wellroot has found that providing healthy lunches over the summer keeps our young people energized and happy.

Learning: Children thrive in homes where there are lots of books and are more likely to maintain their grade-level reading over the summer. Your partnership ensures all our families have a plentiful number of books for their children and youth to enjoy!

How It Works

- Sign-up to provide food for 10 to 12 children to have five lunches for one week between May 26th and July 28th.
 - Wellroot only accepts non-perishable food. Recommended staples include bread, peanut butter, jelly, canned tuna, easy mac & cheese, ravioli, chicken noodle soup, fruit cups, low-sugar juice boxes, crackers, and granola bars.
 - Single-portion fruits (bananas, apples, or oranges only) are accepted.
 - Please separate the groceries into boxes/bags per family, and do not assemble any sandwiches or lunch items.
- Collect age-appropriate books from your church or organization.
- Wellroot staff will coordinate a delivery time on your designated Friday to allow our staff to deliver the meals the following Monday morning to our families.

Interested? Please contact cultivate@wellroot.org to learn more or sign-up!



Wellroot
Family Services

1967 Lakeside Parkway
Suite 400
Tucker, GA 30084

wellroot.org

404-327-5820
info@wellroot.org